

PRETTYLITTLETHING

#PressPauseWithPLT

Join [PrettyLittleThing](#) on Friday 17th April as they collaborate with Results with Lucy across all LIVE activations!

Hosting an exclusive #PressPauseWithPLT with [Lucy Mecklenburgh](#), PLT host Natalie will be joining the fitness star for a 30-minute intimate chat which will be live from 12pm on [PrettyLittleThing's](#) Instagram. Expect all the juice on how to keep active, Lucy's guide to the perfect work-out and how to keep your body moving during isolation as the new-Mum shares all her top tips. There will also be a live Q&A following Lucy's chat giving PrettyLittleThing followers the opportunity to join in offering an all-round interactive experience for customers.



Giving PLT followers the full [Results with Lucy](#) experience, at 7pm on Friday 17th join popular Results with Lucy Trainer, [Cecilia](#) for a 30-minute workout session sure to get the endorphins pumping, setting you up perfectly for the weekend. Cecilia will showcase some of the well-known workouts from the Results with Lucy plan as well as sharing tips on how to keep fit during lockdown.



Make sure you're following [@PrettyLittleThing](#) on IG and tune in from 12pm on Friday 17th April!
For any more information or imagery please contact Charlie.dickinson@prettylittlething.com